

Designing Your Life in Uncertain Times with Gabrielle Santa-Donato '09

As you prepare for Session 3, please:

- Circle or identify three things to prototype in your own Odyssey Vision planning (Refer to Pages 2-7 for assistance).



ODYSSEY VISIONS - THE SPECIFICS

Odyssey Visions are future-leaning maps. They are prototypes of what the next years of your life might look and feel like.

CONTENT: Create radically different 5-year timelines starting from now, moving forward.

Use the template plan sheet so you can begin to sketch out elements of each of your Odyssey Visions.

- Guidelines:
 - These should be 3 radically different lives - as different from one another as possible. Being the owner of a family run ski mountain in Vermont and the owner of a ski mountain in Montana are not 2 different lives - they are variations of the same. Go broad! If you are having trouble coming up with alternatives, one lens on this might be -
 - Life 1: The story you tell (to friends, family, colleagues) today
 - Life 2: The life you might pursue if Life 1 was no longer an option
 - Life 3: The wild idea: your basic needs are assured to be met - no constraints
- Elements
 - A visual/graphical timeline
 - Using your bucket list items fill in a draft timeline of 3 different lives.
 - Include at least one personal and one professional milestone per year on each plan
 - Consider elements of work, love, play, health, especially the incremental change you wanted to make
 - A six-word headline
 - Describe the essence of this prototype with a quick title phrase.
 - 2-3 questions that this prototype might help you answer
 - A good prototype tests assumptions and reveals new insights. In each potential timeline, you will investigate different possibilities and learn different things about yourself and the world. What kinds of things do you want to test and explore in each prototype? What are you hoping to learn by living this particular version of yourself?

Now, use the larger papers to make these plans into visions. Use sketches, collages, images and words to make your timeline your own and bring your ideas to life! Start with the plan that has the most energy for you, adding supporting imagery there, and then continue to add visuals to the other two plans as time allows.

ODYSSEY VISIONS TEMPLATE

TITLE: _____

0 1 2 3 4 5

DASHBOARD



RESOURCES I LIKE IT CONFIDENCE COHERENCE

QUESTIONS

TITLE: _____

0 1 2 3 4 5

DASHBOARD



RESOURCES I LIKE IT CONFIDENCE COHERENCE

QUESTIONS

TITLE: _____

0 1 2 3 4 5

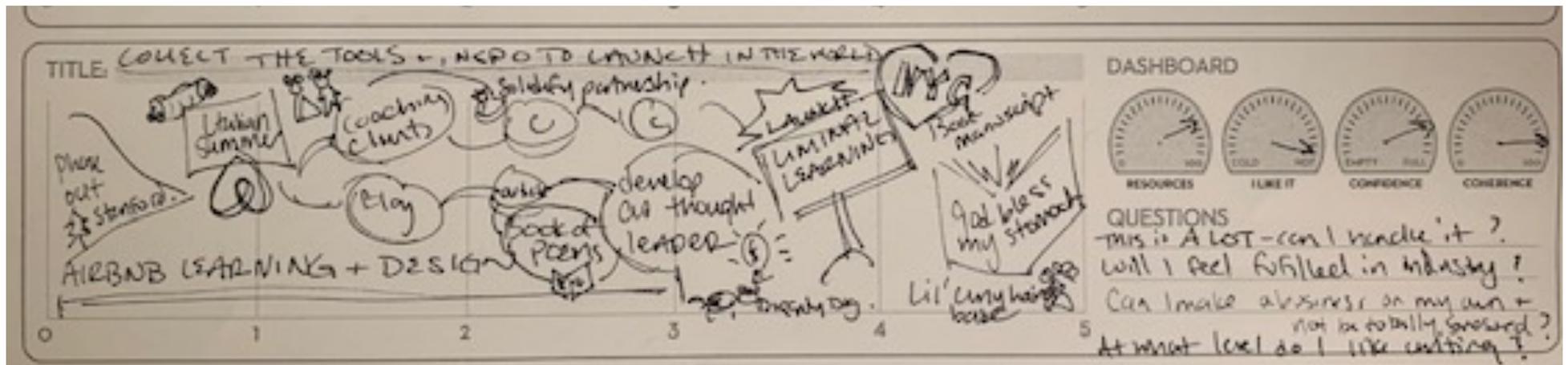
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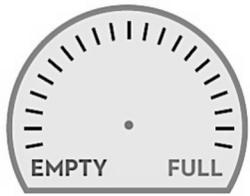
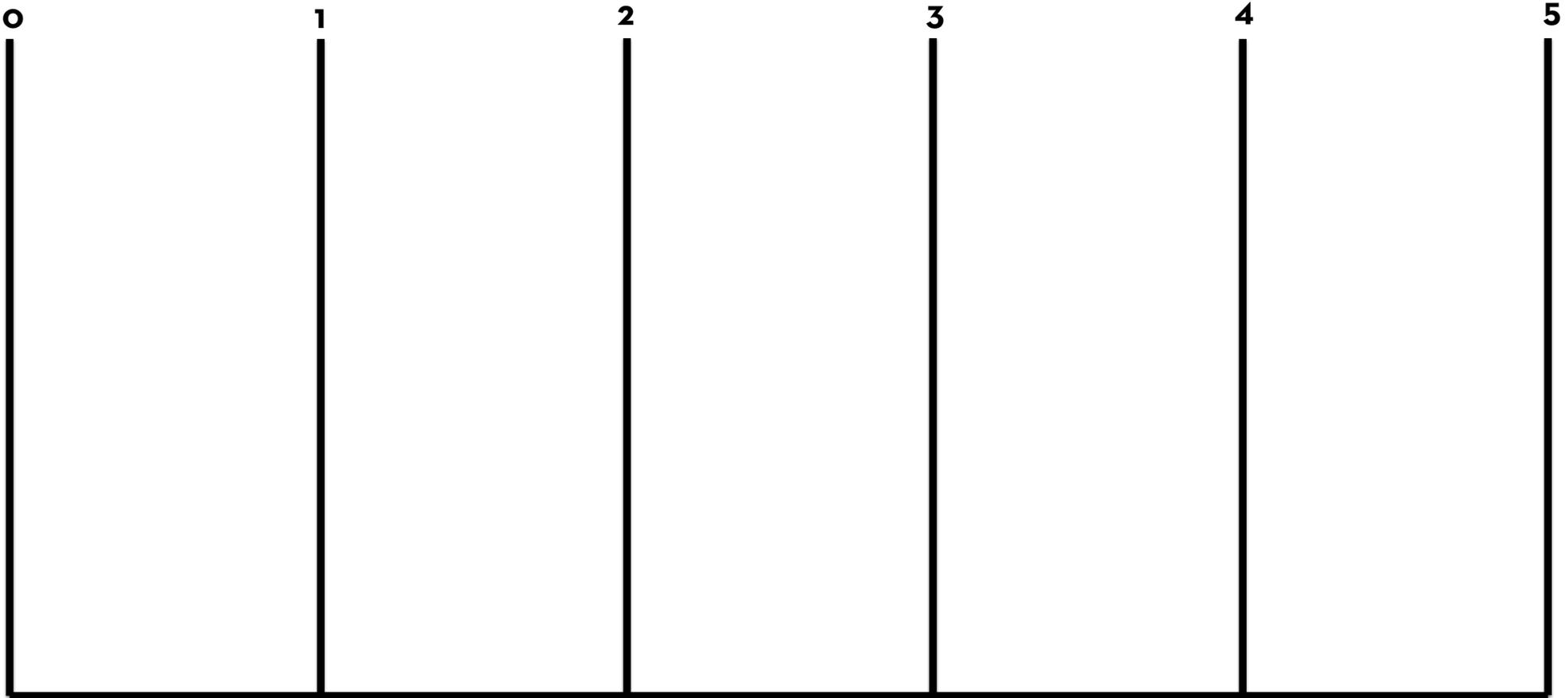


RESOURCES I LIKE IT CONFIDENCE COHERENCE

QUESTIONS

ODYSSEY VISIONS EXAMPLE

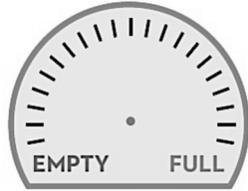




Resources



I Like It



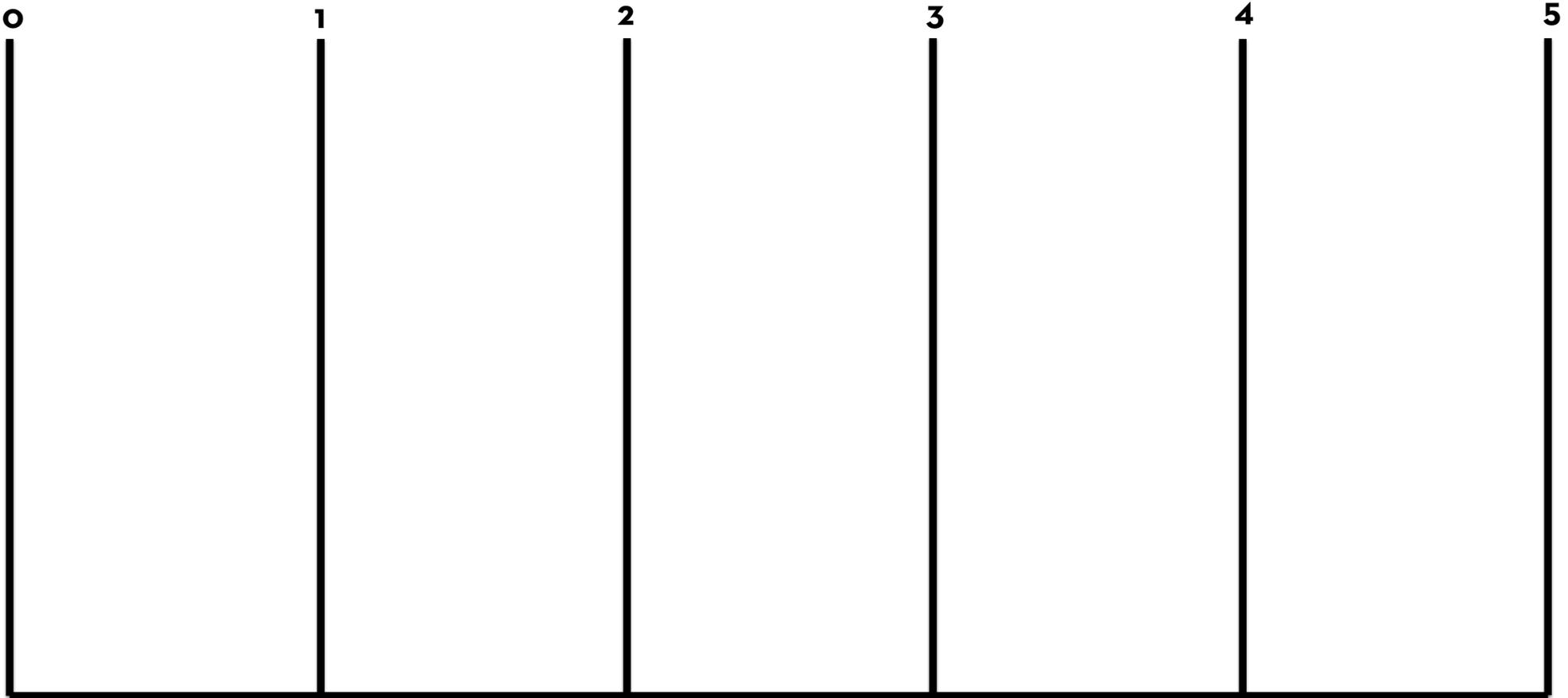
Confidence



Coherence

6 word title:

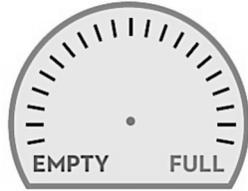
Questions this plan addresses:



Resources



I Like It



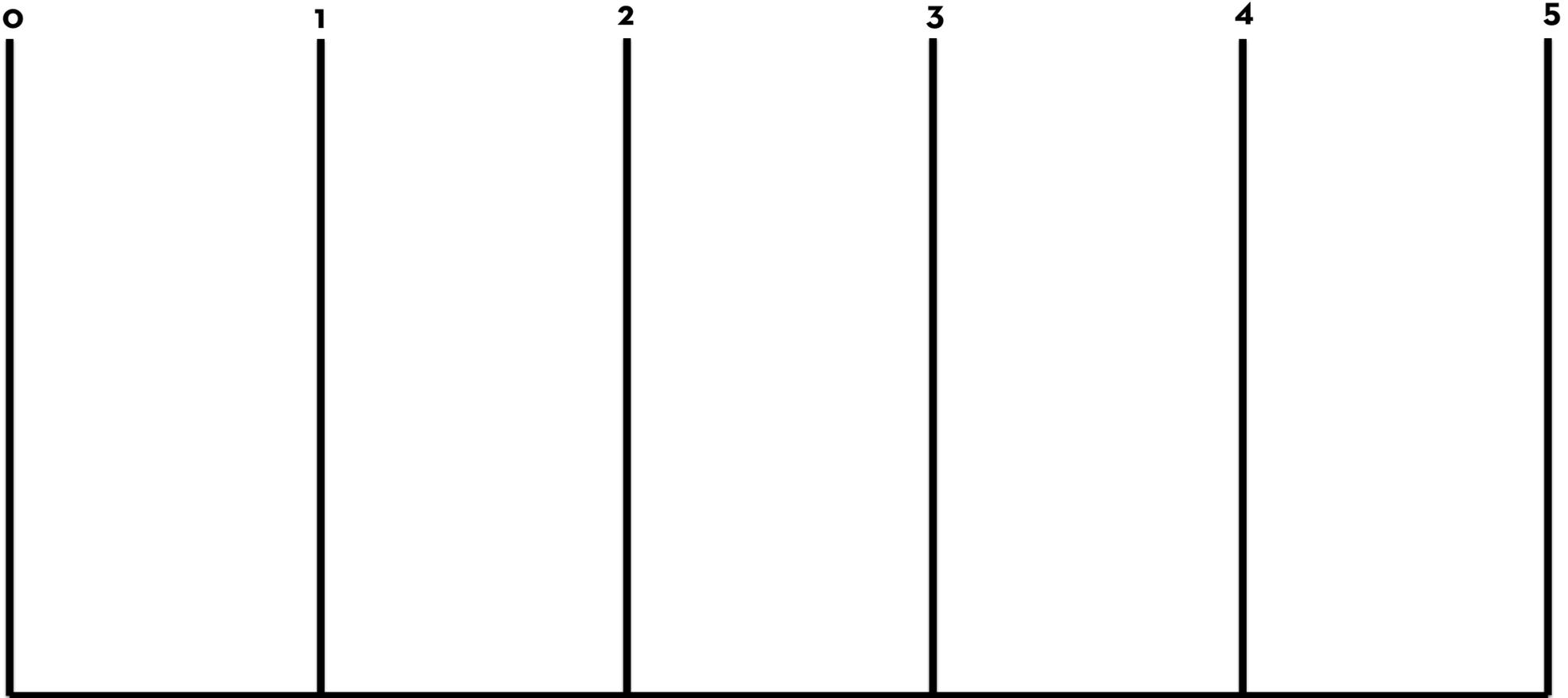
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Coherence

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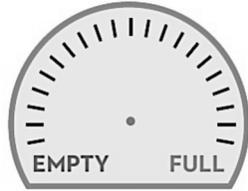
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I Like It



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