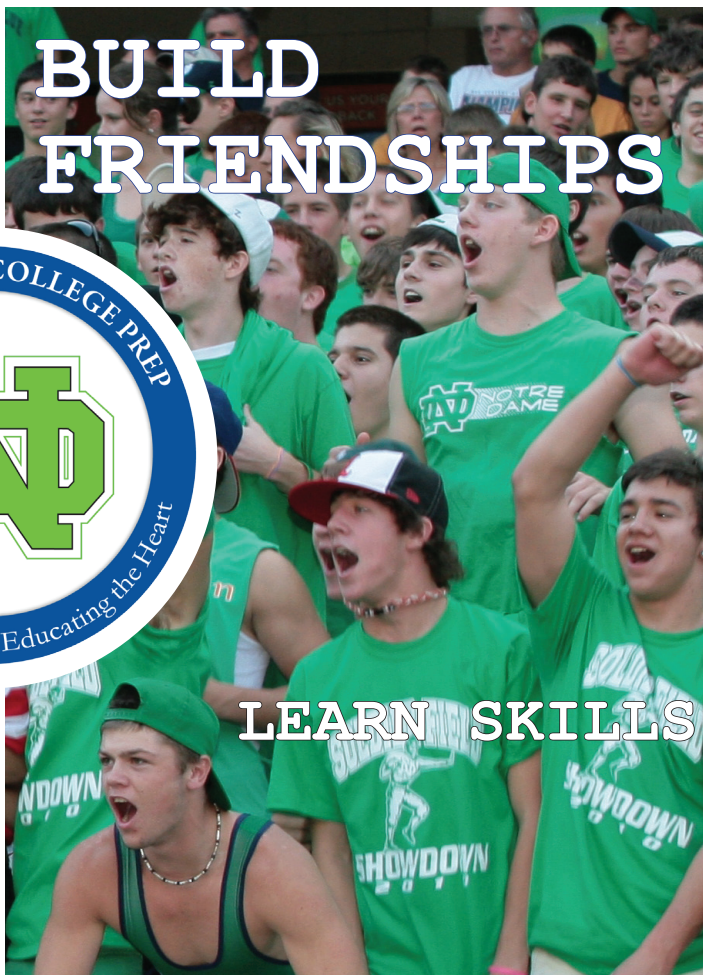


NOTRE DAME

COLLEGE PREP



GET READY



BUILD FRIENDSHIPS



LEARN SKILLS

HAVE FUN

ATHLETIC

SUMMER

SOCCER FOOTBALL TRACK&FIELD BASKETBALL WRESTLING BASEBALL LACROSSE GOLF TENNIS VOLLEYBALL

CAMPS

413

BE A "DON" THIS SUMMER

CAMP INFORMATION

1. Individual instruction is given by Notre Dame College Prep coaches who are assisted by Notre Dame student athletes.
2. All camps are held at or right around the school. Each camper is responsible for his own transportation to camp and after camp. Tennis & Wrestling will use Notre Dame buses for transport to camp, if needed.
3. Camp athletes are expected to wear their own gym clothes and gym shoes. Camp shirts will be given to all.
4. The cost indicated by each camp will cover registration, insurance and camp fee. ****THE REGISTRATION FORM/PAYMENT WILL SECURE A SPOT IN THE CAMP. KEEP A COPY FOR YOUR RECORDS. THAT WILL BE YOUR CONFIRMATION.** If, by chance, camps do close, we will post on the Internet or call you when we receive your form.
5. Please send payment with your registration. You can also register online at www.nddons.org/summercamps2013 and charge your payment.
6. Campers are encouraged to get involved in more than one camp.
7. All campers should **REPORT TO THE GYM DOORS** 10 minutes before the start of your first day of camp. That is where you will be checked in.

ALL CAMPS WILL RUN – RAIN OR SHINE

8. Please make checks for ATHLETIC CAMPS payable to:
Notre Dame College Prep
7655 W. Dempster
Attn: Mike Hennessey/Judy Byrne
Niles, IL 60714



Questions, call Mike Hennessey, 847-779-8652, mhennessey@nddons.org
or Judy Byrne, 847-779-8650, jbyrne@nddons.org.

**KEEP A COPY OF THIS FORM AS CONFIRMATION OF YOUR PLACEMENT IN
THE CAMP
FEDERAL TAX ID 36-2387144**

2013 ATHLETIC CAMP REGISTRATION FORM

MAIL TO: Notre Dame College Prep Athletic Camps
ATTN: Mike Hennessey
7655 W. Dempster Niles, IL 60714

FILL OUT BOTH SIDES OF THIS FORM and PLEASE PRINT LEGIBLY

NAME _____ AGE _____

GRADE (AS OF SEPT., 2013) _____ HOME PHONE _____

CELL/EMERGENCY PHONE _____

ADDRESS _____ CITY _____ ZIP _____

SCHOOL _____ TEE SHIRT SIZE _____
(Adult Sizes Only S, M, L, XL, XXL)

EMAIL _____

To Register: Review the Camp Brochure, put the camp # (right next to the camp name), the camp title and the camp fee in the Registration Chart below.

CAMP #	CAMP TITLE	FEE



PAYMENT INFORMATION:
YOU CAN ALSO REGISTER AND PAY ONLINE AT
WWW.NDDONS.ORG/SUMMERCAMPS2013

Payment is expected at the time you register. Amount Enclosed \$ _____

Tell your friends!! Pass the word!! Join more than one camp.
Questions, please call Judy Byrne, 847-779-8650.

KEEP A COPY OF THIS FORM AS YOUR CONFIRMATION OR PLACEMENT IN THE CAMP.
ONLY IF A CAMP CLOSES WILL WE NOTIFY YOU.

FEDERAL TAX ID 36-2387144

2013 ATHLETIC CAMP PERMISSION FORM

(MUST BE COMPLETED FOR ADMISSION TO CAMPS)

NAME OF CAMPER(S) _____

I hereby grant permission for my child/children to attend the Notre Dame College Prep Summer Athletic Camps that I have signed my child/children up for. I release Notre Dame and its employees from any liability for injuries sustained while my child/children participate in such programs. I verify that my child has been examined by a physician within the past year and is in good health and able to participate in camp activities.

_____ Date _____
(Parent/Guardian Signature)

PLEASE PRINT LEGIBLY

Work Phone _____

Emergency Phone _____

Cell Phone _____

E-mail _____



Baseball



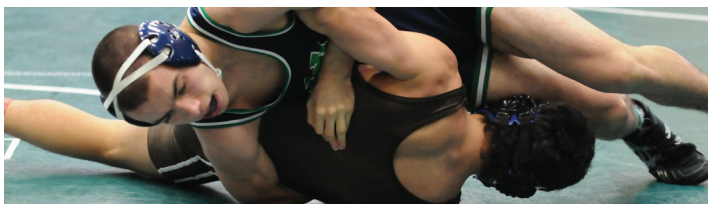
#1 4th, 5th & 6th Graders
June 24-June 27 Monday thru Thursday
9:30am - Noon
\$100 per athlete

#2 7th & 8th Graders
July 8 - July 11 Monday thru Thursday
9:30am - Noon
\$100 per athlete

#3 Incoming Freshmen
July 8 - July 11 Monday thru Thursday
12:30pm - 2:30pm
\$80 per athlete

Baseball Camps will focus on individual fundamentals to help improve your baseball skills. Time will be spent on hitting, fielding and base running skills. **Proper mechanics and techniques** will be emphasized. Position drills for infielders, outfielders, pitchers and catchers will be practiced and reviewed.

Wrestling



#4 4th, 5th, 6th,
7th & 8th Graders
July 8 - July 11 Monday thru Thursday
9:30am - Noon
\$100 per athlete

#5 Incoming Freshmen
July 8 - July 11 Monday thru Thursday
12:30pm - 2:30pm
\$80 per athlete

Wrestling Camp can start you on your way to becoming a wrestler and/or will assist in your development in the skills of the sport. **Wrestling Camp focuses on the basics of stance, takedowns, reversals and pins.** Athletes will receive individualized instruction. Age and weight groups will compete on an equal basis.

Basketball



#6 3rd, 4th & 5th Graders
June 10 -June 14 Monday thru Friday
9:30am - 11:30am
\$110 per athlete

Co-Ed Basketball Shooting and Ball-Handling Camp. This camp will focus completely on shooting and ball-handling fundamentals.

#7 6th, 7th & 8th Graders
June 10 - June 14 Monday thru Friday
12:30pm - 2:30pm
\$110 per athlete

Co-Ed Basketball Shooting and Ball-Handling Camp. This camp will focus completely on shooting and ball-handling fundamentals.

#8 2nd thru 8th Graders
June 15 Saturday
9:00am - 11:00am
\$30 per Family

Father & Son/Daughter Basketball. An exciting opportunity to work on skills, compete in contests and take home the latest drills you can use together.

#9 3rd, 4th & 5th Graders
June 17 - June 21 Monday thru Friday
9:30am - 11:30am
\$110 per athlete

Basketball Shooting and Ball Handling Camp (Boys Only). This camp will focus completely on shooting and ball-handling fundamentals.

#10 6th, 7th & 8th Graders
June 17 -June 21 Monday thru Friday
12:30pm - 2:30pm
\$110 per athlete

Basketball Shooting and Ball Handling Camp (Boys Only). This camp will focus completely on shooting and ball-handling fundamentals.

#11 Incoming Freshmen
June 24 - June 27 Monday thru Thursday
12:30pm - 2:30pm
\$80 per athlete

Basketball Fundamentals. Our daily drill stations will improve your shooting skills, rebounding, passing, defense, ball-handling, agility, and 3-on-3 play.

#12 3rd, 4th & 5th Graders
July 8 - July 12 Monday thru Friday
9:30am - 11:30am
\$110 per athlete

Basketball Fundamentals (Boys Only). Our drill stations will improve your shooting skills, rebounding, passing, defense, ball-handling, agility, and 3-on-3 play.

#13 3rd, 4th & 5th Graders
July 8 - July 12 Monday thru Friday
11:30am - Noon
\$40 per athlete

OVERTIME - in addition to Camp #12. Intensive, 30-minute fast-paced shooting and agility workout immediately after the conclusion of the Fundamental Camps.

#14 6th, 7th & 8th Graders
July 8 - July 12 Monday thru Friday
12:30pm - 2:30pm
\$110 per athlete

Basketball Fundamentals (Boys Only). Our drill stations will improve your shooting skills, rebounding, passing, defense, ball-handling, agility, and 3-on-3 play.

Basketball continued...

- #15** 6th, 7th & 8th Graders
July 8 - July 12 Monday thru Friday
2:30pm - 3:00pm
\$40 per athlete
- #16** 5th, 6th, 7th & 8th Graders
July 15 - July 18 Monday thru Thursday
9:00am - 2:00pm
\$180 per athlete
- #17** 2nd, 3rd, 4th & 5th Graders
July 6, July 13 & July 20 Saturdays
9:00am - 10:00am
\$75 per athlete
- #18** 6th, 7th, & 8th Graders
July 6, July 13 & July 20 Saturdays
10:00am - 11:00am
\$75 per athlete

OVERTIME - in addition to Camp #14. Intensive, 30-minute fast-paced shooting and agility workout immediately after the conclusion of the Fundamental Camps.

ND Basketball All-Day Camp (Boys Only). Campers are responsible for bringing their own lunch and daily pizza specials will be available for purchase as well.

Offensive Skills Academy (Boys only). These Saturday, 1 hour sessions will focus on shooting, footwork and ball-handling drills. A personalized DVD of your jump shot will be given to each athlete.

Offensive Skills Academy (Boys Only). These Saturday, 1 hour sessions will focus on shooting, footwork and ball-handling drills. A personalized DVD of your jump shot will be given to each athlete.

Football

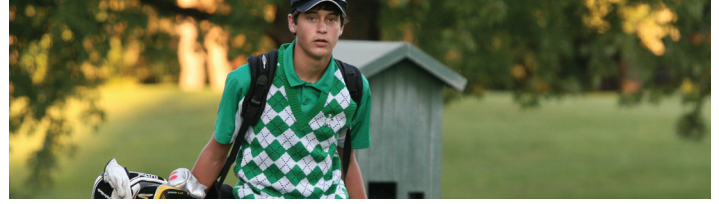


- #19** Incoming Freshmen
June 17 - June 20 Monday thru Thursday
4:00pm - 6:00pm
\$50 per athlete
- #20** 7th & 8th Graders
June 24 - June 27 Monday thru Thursday
9:30am - Noon
\$100 per athlete
- #21** 4th, 5th, & 6th Graders
June 24 - June 27 Monday thru Thursday
12:30pm - 3:00pm
\$100 per athlete
- #22** Incoming Freshmen
July 15 - July 18 Monday thru Thursday
12:30pm - 2:30pm
\$50 per athlete

Football Camp is a non-equipment program that stresses proper fundamentals and techniques that will help you to become a better football player. Individual drill work will **teach blocking, form tackling and position specific skills such as passing, receiving and ball handling.** Group drills and team play will be organized to further develop your football skills and sense of football situations. Cleats are not required, but it is better if you have them.

Incoming Freshmen Camp is spread over 2 sessions. Freshmen should attend both camps if possible.

Golf



- #23** 4th, 5th & 6th Graders
June 10 - June 14 Monday thru Friday
9:00am - 11:00am
\$120 per athlete
- #24** 7th & 8th Graders
June 17 - June 21 Monday thru Friday
9:00am - 11:00am
\$120 per athlete
- #25** 2nd & 3rd Graders
June 24 - June 27 Monday thru Thursday
9:00am - 10:30am
\$80 per athlete
- #26** Incoming Freshmen
June 24 - June 28 Monday thru Friday
12:30pm - 2:30pm
\$100 per athlete
- #27** 4th, 5th & 6th Graders
July 8 - July 12 Monday thru Friday
9:00am - 11:00am
\$120 per athlete
- #28** 7th & 8th Graders
July 15 - July 19 Monday thru Friday
9:00am - 11:00am
\$120 per athlete
- #29** 4th, 5th, & 6th Graders
July 22 - July 26 Monday thru Friday
9:00am - 11:00am
\$120 per athlete

Golf Camps will focus on the important fundamentals that will help you get the right start to playing golf or refine and improve your game.

Techniques concerning your **golf grip, set-up and swing mechanics will be emphasized.** Select golf shots (pitching, chipping, bunker shots and putting) will be taught and practiced.

The last day of camp will be spent in a competitive golf round **at a Par 3 Course.** The cost for the golfing day is included in the camp fee for camps #23, #24, #26, #27, #28, and #29.

Golfers are encouraged to bring their own clubs, otherwise they will be supplied.

Notre Dame is the only school that has its own **Outdoor Golf Center and a NEW Indoor Instructional Center.** So rain or shine, there is always an area for practice.



Soccer



#30 Incoming Freshmen
July 8 - July 11 Monday thru Thursday
12:30pm - 2:30pm
\$80 per athlete

#31 6th, 7th & 8th Graders
July 15 - July 18 Monday thru Thursday
9:30am - Noon
\$100 per athlete

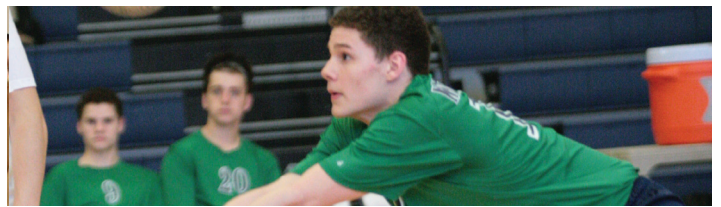
#32 6th - 12th Graders GOALIE CAMP
July 15 - July 18 Monday thru Thursday
12:30pm - 3:00pm
\$80 per athlete

#33 3th, 4th & 5th Graders
July 22 - July 25 Monday thru Thursday
9:30am - Noon
\$100 per athlete

Soccer Camp will review important **fundamentals** through individual and group drills. **Techniques of dribbling, passing and shooting will be emphasized.** Players will compete in scrimmages and team play so that all aspects of the game can be taught.

Goalie Camp. Campers will be instructed on the **technical, tactical, mental and physical areas of playing goalkeeper.** ND coaches and goalkeepers will help the campers improve their skill and understanding of the position.

Volleyball

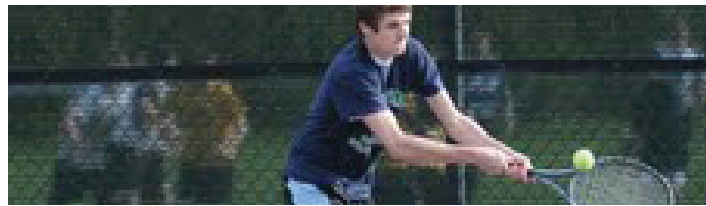


#34 6th, 7th & 8th Graders
July 22 - July 25 Monday thru Thursday
9:30am - Noon
\$100 per athlete

#35 Incoming Freshmen
July 22 - July 25 Monday thru Thursday
12:30pm - 2:30pm
\$80 per athlete

Volleyball Camp will emphasize **skill development and volleyball fundamentals.** The techniques of passing, setting, blocking, digging and spiking will be taught through **individual and group drill sessions.** Competitive situations and games will help to put together all of the essentials of volleyball.

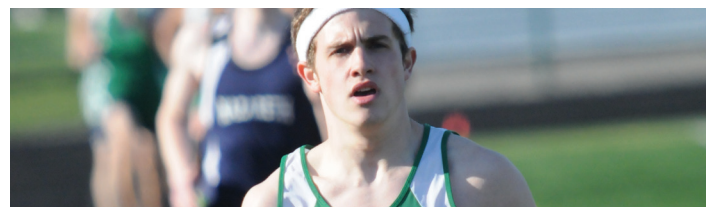
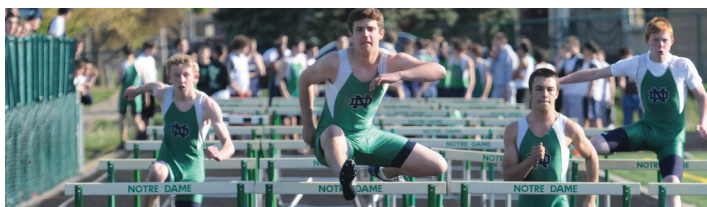
Tennis



#36 6th, 7th, 8th &
Incoming Freshmen
June 24 - June 27 Monday thru Thursday
12:30pm - 2:30pm
\$80 per athlete

Tennis camp will focus on the fundamentals of the game. Tennis camp will be run at Oak Park (1 block south of Notre Dame) and Grennan Heights (5 blocks away). Players will be transported to the parks via Notre Dame buses.

Track & Field



#37 6th, 7th, 8th &
Incoming Freshmen
June 24 - June 27 Monday thru Thursday
12:30pm - 2:30pm
\$80 per athlete

Track & Field camp will focus on proper running, jumping and throwing techniques. Individualized instruction will be given and the athletes will be introduced to the **18 different events** involved in a track & field meet.

Lacrosse



#38 6th, 7th, 8th &
Incoming Freshmen
July 22 - July 25 Monday thru Thursday
12:30pm - 2:30pm
\$80 per athlete

Lacrosse Camp will focus on fundamentals to properly introduce you to Lacrosse and/or further your development in the sport. Camp will stress **individual drills, group competition and team play.**